# SUPERSTARS

**COMPETITION TEAM** 

24'-25' SEASON

#### **FOCUS ON TRAINING**

Learn how our Elite Training Program sets our dancers up for success

## PUT YOUR BEST FOOT FORWARD

Step into the new season with confidence in your skills & artistry

#### **SEASON PREVIEW**

See what events we have planned





# WHAT MAKES OUR PROGRAM UNIQUE

- Personalized mentorship designed to help each dancer reach their individual goals
- A developmentally appropriate schedule that allows dancers to take their training seriously without sacrificing all other aspects of life
- Training and rehearsal times do not overlap, meaning training is never sacrificed
- A Enrichment workshops to nurture the whole dancer (injury prevention, cross-training, nutrition, music...) are sprinkled in
- 5 Connections are created to the dance world beyond our little community
- $6 \,$  "Big and Little" siblings to nurture bonds between the age groups
- T Dancers attend **conventions** rather than just competitions, with a focus on education and growth rather than trophies
- Quality faculty that leads from the front continuing to grow their own skills and knowledge for the betterment of our entire community
- Ample fundraising opportunities available to make quality dance training more accessible

# CHOOSE YOUR PATH

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#### SELECT YOUR TRAINING PATH

Luna - Pre-comp (1 comp, 1 workshop)
Rhea - Rec Comp (2 comps, 1 workshop)
Ariel - Reginal Team (3 comps, 2 workshops)
Titan - National Team (4 comps, Nationals, 3 workshops)

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# DECIDE HOW MUCH YOU WANT TO COMPETE

Each family has the opportunity to define *how* many routines they feel comfortable committing to.

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#### **BOOK YOUR SUMMER TRAINING**

If you're not already part of MDS, you can join us for Summer training by emailing mandisdancestudio@gmail.com or register online. You can book your summer MDS classes & Masterclasses as well as private lessons now!

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#### LOOP US IN

Fill out your audition form (code at the end of this packet) to make your selections & reserve your place at auditions.

# TRAINING SCHEDULE

Groups are based on your amount of time you are able to commit to the team. These are NOT necessarily based on your skill level! You pick which group you are able to commit to, and select on your audition form. You are not guaranteed a routine in the group you request on your registration form. But we will never put your child in a group that requires a higher level of commitment that you did not agree to.

Group routines are determined by the majority commitment level, years' experience, and available time of all parties. Please do not select a group level that you cannot meet the minimum requirements for technique classes, routine rehearsals, workshops, and/or number of competitions (including nationals) for the season.

Pre-comp- Age 5 & up (2-3 years' experience minimum)

- 1 yearly competition
- 1 required workshop per year

Minimum Technique Class Requirements:

- Tap & Ballet Combo OR Jazz
- · Competition routine rehearsals

Optional Classes: Acro, Lyrical, Hip-Hop, Contortion

Rec Team- Age 5 & up (2-3 years' experience minimum)

- 2 yearly competition
- 1 required workshop per year

Minimum Technique Class Requirements:

- Ballet OR Jazz
- Fundamentals
- · Competition routine rehearsals

Optional Classes:

Acro, Lyrical, Hip-Hop, Contortion, Contemporary, Tap

#### Ariel

up (3 or more years' experience minimum)

- 3 yearly competition
- 2 required workshop per year Minimum Technique Class Requirements:
  - Ballet OR Jazz
- Acro
- Fundamentals
- Competition routine rehearsals

Optional Classes:

Lyrical, Hip-Hop, Contortion, Contemporary, Tap, Pre-pointe

Luna group dances will rehearse weekly for 30 min per group dance.

Rhea, Ariel, and Titan group dances will have rehearsals Saturday mornings on a rotating schedule. Monthly schedules will be released 30 days in advance.

#### Titan

Regional Team- Age 5 & National Team- Age 8 & up (4 or more years' experience minimum)

- 4 yearly competition
- Mandatory Nationals
- 3 required workshop per year Minimum Technique Class Requirements:
  - Ballet
  - Tap
  - Jazz
  - Acro
  - Fundamentals
  - Competition routine rehearsals

Optional Classes: Lyrical, Hip-Hop, Contortion, Contemporary, Prepointe/Pointe

# PERFORMANCE PREVIEW

#### Workshops/Conventions

Each group level will require a minimum number of workshops/conventions to attend. We believe competition is not just about winning awards, but expanding your dancers knowledge. These are necessary to expand their skills, network with other dancers, and support the local dance community & artists. You have until February 1st to complete your minimum workshops. We offer in-house Masterclasses in August, December, and June. We HIGHLY encourage you all to take advantage of the low prices and convenience of in-house workshops. There are also opportunities to attend out of studio workshops with Dance Masters and touring groups. We will provide a list of workshop opportunities, but you are not limited to the list we curate!

#### Competitions

Depending on your group level, will determine how many minimum required location competitions you will participate in. Occasionally, we receive invitations to attend additional competitions. These will be OPTIONAL. A detailed schedule of competitions for the season will be released after the season begins. We schedule competitions around team conflicts. Please add these to your audition form.

Nationals will be required for all Titan level routines. Nationals varies each year on location. These can be local in Pittsburgh or out of state. We try to rotate the travel distance each year so you are not having to travel far every single year.

#### Local Performances

As part of the team, you will be required to participate in certain performance opportunities to help promote our team and studio. Each performance opportunity is a great way for dancers to improve their skills. There may be entry fees to participate in these events. More details will be given closer to each event.

- Holiday Parade
- Season Premiere Performance
- End of the Season Recital
- Local Festivals
- Marketing Photo shoot

All dates & events are subject to change.

# INVESTMENT

As part of the Superstars team, there will be many levels of expenses. We try our very best to keep prices as low as possible and give ample notice of pricing/payments due. Many of the expenses we will not know until vendors release their pricing. Below is a high level breakdown of as much information as we currently know to help guide you. Keep in mind, all expenses for dance can be offset with fundraising!

#### Technique Class Tuition

Minimum number of regular classes are determined by which level you have selected.

- See office for current tuition pricing
- Total varies depending on how many regular classes you register for

#### **Private Lessons**

Private lessons for solos/duos/trios price varies per instructor. You will schedule these directly with your instructor and pay them directly.

- Must schedule a minimum of 2 hours total per month to compete
- Typical rates range from \$40-\$60 per 30 min lessons.

#### Comp Group Rehearsals

Group rehearsal pricing is in addition to your technique classes.

- 1 group dance: \$30/mo
- 2 group dances: \$60/mo
- 3 group dances: \$90/mo
- 4 group dances: \$120/mo
- 5+ group dances: \$150/mo

#### Competition Expenses

Potential additional expenses include but not limited to:

- Entry fees vary per competition
- Costumes, tights, shoes, jewelry, make-up, alterations, rhinestones
- Props
- Team Jacket & Season Tshirt
- Workshops, Masterclasses, blocking rehearsals
- Required performance fees
- Team Events
- Choreographer fees

# SUMMER TRAINING

#### **Guest Masterclasses**

-06/29: Bollywood & Jazz -08/04: Musical Theater & Contemporary/Lyrical -Level 1 \$50 -Level 2 \$75

Ariel and Titan dancers
are required to attend
Comp Prep Week
-July 29th-Aug 1st
5:30-8:00
-\$100 total per dancer

Titan dancers are required to attend National Prep camp 2025 in June/July.

National blocking rehearsals required through June/July.

-Dates and prices TBD

Luna and Rhea dancers
are required to attend
either one of our Rec
summer camps in
June/July 2024 OR
Comp Prep Week
-See Summer Schedule
for pricing

### 2024-2025 FUNDRAISING STARTS NOW!

email mdssuperstars@gmail.com to be included.

Private lesson packages available all summer long -Contact any teacher for lesson packages

# CHOREOGRAPHY CAMP

Competition Preparation & Choreography camps are a necessary part of the start of the competition season. This is a time to focus on learning skills & your routines for the new season. We like to do this before the regular season starts, so that in your Fall classes we can work on perfecting your technique for said routines.

Choreography camp for all new routines runs August 5-8, and August 12-15.

\*\*Please block out these times in your schedule. Final time schedule for each routine will be distributed at a later time.

#### **Group Dances**

Camp Price for Group per student, per routine

- 1 group dance: \$30
- 2 group dances: \$60
- 3 group dances: \$90
- 4 group dances: \$120
- 5+ group dances: \$150

#### Solos/Duos/Trios

- Must schedule 2 Hours minimum, can be 2- one hour sessions or 4 - half hour sessions
- Varies per instructor. You will schedule these directly with your instructor and pay them directly
- Typical rates range from \$40-\$60 per 30 min lessons

# AUDITION PREP

#### Putting your best foot forward at Auditions

We highly suggest your dancer participate in the Audition Prep Workshop on Saturday, June 22nd. This workshop will teach the students the audition dances the day before the auditions so they get extra time to practice before audition day. All dancers not participating in the workshop will receive the audition dances via video after the workshop ends to learn on their own.

-Petite (ages 4-7) 9:00a-10:30a \$15 -Junior (ages 8-11) 10:30a-1:30p \$25 -Teen/Sr (ages 12 & up) 10:30a-1:30p \$25

# AUDITION PROCESS

Auditions will take place on Sunday, June 23rd starting at 8:00am. A detailed schedule will be sent a week before auditions.

All dancers must pre-register and pay the audition fee of \$30 per dancer prior to auditions. Register online or in studio. All Jr. and Teen dancers are REQURIED to participate in the Technique Audition. All other subjects are OPTIONAL. You will only be considered for the style of dances you audition for. (ex. a dancer who auditions in Tap and Jazz, will only be considered for a jazz and/or tap dance and will NOT be eligible for a Lyrical or Hip Hop routine.) If you want to be considered for the Production number, you MUST audition in ALL subjects!

Dancers interested in auditioning for a Solo, Duo, or Trio must prepare a self choreographed 30 second routine to present in front of the panel of judges during the 8:00 time slot. You may choose the song and the style, but that does not guarantee the style of dance you will receive. You are only to perform one dance to be considered for a solo, duo, and/or trio. Please indicate on your audition form how many and which types of specialty routines you would like to be considered for (solo, duo, trio, etc).

All dancers should dress in Tan tights, Black leotard, and hair neatly secured in a bun or braids with tails tucked. Bring all dance shoes. NO SHORTS, PANTS OR BAGGY

CLOTHES!

2024-2025
Competition Info Meeting

June 17th at 7:30p

# REACH FOR THE STARS

2024-2025 Competition Auditions

Sunday, June 23rd

Solo/Duo/Trio: 8:00a-

9:00a

Petite (ages 4-7): 9:15a-

10:30a

Jr (ages 8-11): 10:30a-

1:30p

Teen/Sr (ages 12 & up):

1:00p-5:00p



Scan to register at least 24h in advance